

TRAINING PLATE

MODELS: 111-1002-007
111-1002-008
111-1002-009



Based on popular SAPI design compatible with leading plate carriers, Armor Australia's next generation Training Plates feature a contoured shape for user comfort, rounded edges to reduce equipment wear, and a convenient grip to assist with fast insert and removal from your partnered plate carrier.

Our Training plates are designed to outlast your workouts by boasting a tough rubber finish which enables you to confidently train in both wet or dry environments with no special cleaning or maintenance required.

Our Training Plates feature a stylish unique colour finish to help you select the right weight for you to take your workout further or and train with purpose.

OVERVIEW

- Rugged pressed rubber durable finish
- Convenient handle/grip placement to assist with carriage and insert/removal from plate carrier
- Contoured shape for comfortable fit to both chest and back placement
- Rounded edges to prevent damage to your plate carrier
- 3 different colour coded weight variants to assist your workout
- compatible with most standard sized plate carriers
- Suitable for wet and dry training environments
- No special cleaning or maintenance requirements



BLUE
8.75lb / 3.97kg

(Suitable for men's CrossFit games standard)



RED
5.75lb / 2.6kg

(Suitable for women's CrossFit games standard)



YELLOW
3.75lb / 1.7kg

(Lead up training or return to fitness programs)

TECHNICAL DATA

PRODUCT NUMBER	PRODUCT DESCRIPTION	COLOUR
111-1002-007	Rubber Training Plate - 3.75lb / 1.7kg	Yellow
111-1002-008	Rubber Training Plate - 5.75lb / 2.6kg	Red
111-1002-009	Rubber Training Plate - 8.75lb / 3.97kg	Blue

ABOUT ARMOR AUSTRALIA

Since 2002 Armor Australia has evolved into one of the most advanced designers and manufacturers of protection systems for use by Military, Law Enforcement and Civil end users in over 40 countries worldwide.